

Tylenol/Advil Protocol For Pain

Take **3** ADVIL (Ibuprofen 200 mg each) &

Take **2** TYLENOL Extra Strength (Acetaminophen 500 mg each)

A total of **5** pills after your next meal every 8 hours as needed for pain.

MAXIMUM DAILY DOSAGES:

Tylenol (Acetaminophen) MAX daily dose of 4000 mg per day.

Advil (Ibuprofen) Every 8 hours with a MAX daily dose of 2400 mg per day.

WARNING:

DO NOT TAKE ADVIL (IBUPROFEN) IF YOU ARE CURRENTLY TAKING AN ANTICOAGULANT/ANTIPLATELET (EXCEPT ASPIRIN) AS THIS MAY INCREASE BLEEDING.